Community Opportunities

Volunteer for TrueCare™ Community Health Events
Please e-mail volunteer@truecare.org to inquire about the TrueCare community & health awareness events schedule and how to get involved!

Weekly Community Food Distribution
Create a positive impact on your community by volunteering for TrueCare’s Community Food distribution! Through this rewarding opportunity volunteers assist with registration and distributing food items to families and individuals in need. Join the cause and help end hunger in your community today.

Location and & Time Commitments:
- San Marcos, Located off of Twin Oaks Valley Road), 1st and 3rd Wednesday 10-1 PM every month (flexible commitment)
- Oceanside, Melba Bishop Community Recreation Center, 2nd and 4th Tuesday every month 9:30-12 PM (flexible time commitment)

Requirements: Please e-mail volunteer@truecare.org to sign up for a shift(s)

Preferred Skills: Bilingual in Spanish (not required), great attitude, and able to lift up to 25

Community Outreach Internship
The TrueCare Community Outreach Department seeks highly personable individuals to join the team! The Community Outreach Intern will assist in outreach activities and community events that increase community awareness of the services and programs provided by TrueCare. Through training, mentorship, and routine interactions, interns learn new skills, expand their networks, and achieve personal and professional growth.

Locations:
- San Marcos Health Center, 150 Valpreda Road San Marcos, CA 92069
- Perris Health Center, 1675 North Perris Blvd, Suite G1 Perris, CA 92571

Positions Available: 2
**Time Commitment:** One semester or 3 month minimum commitment, schedule is flexible to availability of volunteer (required at least 12 activities per month), and quarterly volunteer meetings.

**Requirements:** TrueCare volunteer application, 2-step interview, TB test and background check (provided by TrueCare), access to e-mail, and reliable transportation.

---

**Clinic Opportunities**

**Questions about Clinical Internships or Rotations?**
Are you a current student completing a medical track program (Medical Assisting, Nursing, Physician Assistant, Medical School, Pharmacy) and have questions about a clinical internship or rotation with TrueCare? Please contact volunteer@truecare.org.

**Due to high demand in clinical internships, TrueCare is limited to accepting students from select Southern California universities only. Please inquire for more information.**