Volunteer & Internship Opportunities

Community Opportunities

Volunteer for TrueCare[™] Community Health Events

Please e-mail <u>volunteer@truecare.org</u> to inquire about the TrueCare community & health awareness events schedule and how to get involved!

Weekly Community Food Distribution

Create a positive impact on your community by volunteering for TrueCare's Community Food distribution! Through this rewarding opportunity volunteers assist with registration and distributing food items to families and individuals in need. Join the cause and help end hunger in your community today.

Location & Time Commitments:

- San Marcos, Located off of Twin Oaks Valley Road), 1st and 3rd Wednesday 10-1 PM every month (flexible commitment)
- Oceanside, Melba Bishop Community Recreation Center, 2nd and 4th Tuesday every month 9:30-12 PM (flexible time commitment)

Requirements: Please e-mail <u>volunteer@truecare.org</u> to sign up for a shift(s)

Preferred Skills: Bilingual in Spanish (not required), great attitude, and able to lift up to 25

Community Outreach Internship

The TrueCare Community Outreach Department seeks highly personable individuals to join the team! The Community Outreach Intern will assist in outreach activities and community events that increase community awareness of the services and programs provided by TrueCare. Through training, mentorship, and routine interactions, interns learn new skills, expand their networks, and achieve personal and professional growth.

Locations:

- San Marcos Health Center, 150 Valpreda Road San Marcos, CA 92069
- Perris Health Center, 1675 North Perris Blvd, Suite G1 Perris, CA 92571

Positions Available: 2



Time Commitment: One semester or 3 month minimum commitment, schedule is flexible to availability of volunteer (required at least 12 activities per month), and quarterly volunteer meetings.

Requirements: TrueCare volunteer application, 2- step interview, TB test and background check (provided by TrueCare), access to e-mail, and reliable transportation.

Referrals Internship

TrueCare is seeking a Referrals Volunteer! The intern will gain hands on experience by assisting in various projects with the Referrals Department. Through training and routine interactions, the volunteer will learn new skills, and experience the environment of the referrals side of a Health Center by assisting with staff processing and other referrals tasks. Are you ready gain more skills and work with an awesome team? Apply Today!

Location: Oceanside

Positions Available: 2

Time Commitment: One semester or 3 month minimum commitment, 8-10 hour weekly commitment (Monday- Friday 8am-5pm)

Requirements: TrueCare volunteer application, 2- step interview, TB test and background check (provided by TrueCare), access to e-mail, and reliable transportation.

Summer Nutrition Program

The TrueCare Community Engagement Department seeks highly motivated individuals interested in nutrition and creating a positive difference within the community. The Summer Nutrition Program volunteer will assist the implementation of TrueCare's Summer Nutrition Program by attending the weekly events. The overall program goal is designed to engage children under 18 years old with nutritious lunches and information to promote healthier living.

Locations: San Marcos

Positions Available: 10

Time Commitment: June 2021- August 2021

Requirements: TrueCare volunteer application, 2- step interview, TB test and background check (provided by TrueCare), access to e-mail, and reliable transportation.

Clinic Opportunities

Questions about Clinical Internships or Rotations?

Are you a current student completing a medical track program (Medical Assisting, Nursing, Physician Assistant, Medical school, Pharmacy) and have questions about a clinical internship or rotation with TrueCare? Please contact volunteer@truecare.org.

**Due to high demand in clinical internships, TrueCare is limited to accepting students from select Southern California universities only. Please inquire for more information.

