



EVENTS

Ramona Family Fiesta celebrates books, children



The Ramona Family Fiesta - Dia de los Ninos event will be held in Ramona Library on Tuesday, April 30. North County Health Services and Vista Hill Smartcare will be offering some of the fun and healthy activities. Sentinel file photo

APRIL 24, 2019

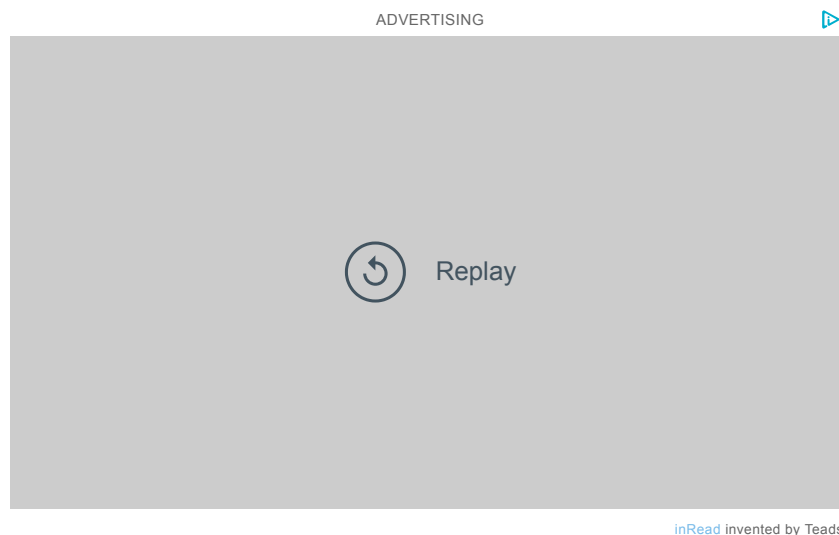


A variety of healthy and fun activities are planned in Ramona Library, 1275 Main St., in celebration of children, families and literacy from 3 to 6 p.m. Tuesday, April 30.

The Ramona Family Fiesta - Dia de los Ninos event is coordinated with North County Health Services (NCHS) and Vista Hill Smartcare. The event celebrates Dia de los Ninos and Dia de los Libros (Day of the Child/Day of the Book).

NCHS Community Engagement Manager Cheryl McMahan said NCHS will provide dental screenings, blood pressure screenings, children’s height measurements, checkup reminders and will promote NCHS’ new health clinic at 220 Rotanzi St. during the event.

Vista Hill Smartcare will educate attendees about its behavioral and mental health services, offer chair massages and lead a “Pound” exercise that incorporates sticks and dancing.



Entertainment will include the Amazing Dana Magic Show at 3 p.m. and a ballet folklorico performance at 4:30 p.m.

The library will give a free book to youth who attend. Other activities include face paintings, opportunity drawings and free distribution of produce provided by Feeding San Diego.

For more information, call 760-736-6777 or contact the Ramona Library at 760-788-5270.

EVENTS

[Show Comments](#)